

# CITY OF KINGSVILLE

## Employee Benefit Contact Information

### City Retirement

TMRS 800-924-8677

Website: [www.tMrs.org](http://www.tMrs.org)

### Additional Retirement/Savings

Nationwide Retirement Solutions Debbie Palacios-Enriquez

800-381-1978

Website: [www.nrsforu.com](http://www.nrsforu.com)

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### Health Insurance - - Information for Employees Enrolled in the City's Health plan with ENTRUST

ENTRUST - Claims 800-436-8787 P.O. Box 441588, Houston, Texas 77244-1588

Website: [www.enformed.com](http://www.enformed.com)

### In-Network Health Providers in the South Texas area

Christus Spohn Health Network 361-881-3280

Websites: Provider Search: [www.christusspohn.org](http://www.christusspohn.org)

Provider Directory: [www.christusspohnhealthnetwork.org](http://www.christusspohnhealthnetwork.org)

### Out-of-Network Provider Information

Plan A of the Health insurance does not allow for Out-of-Network coverage but does allow for coverage for employees traveling or out of the South Texas area by utilizing the following network:

First Health Network 800-226-5116

Website: [www.myfirsthealth.com](http://www.myfirsthealth.com)

### EAP - Employee Assistance Program – available to employee enrolled in the City's Health plan with ENTRUST

Interface 800-324-4327

Website: [www.4eap.com](http://www.4eap.com)

Medical Helpline 877-463-3435

Website: [www.medhelpline.com](http://www.medhelpline.com)

Available to employee enrolled in the City's Health plan with ENTRUST

Outlook Vision Discount Program 800-342-7188

Website: [www.outlookvision.com](http://www.outlookvision.com)

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### Dental Insurance

Ameritas 800-487-5553

Website: [www.ameritasgroup.com](http://www.ameritasgroup.com)

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### Vision Insurance

Ameritas – VSP Call Center 800-877-7195

Website: [www.vsp.com](http://www.vsp.com)

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**SUPPLEMENTAL COVERAGES**

National Group Benefits

Mike Cook  
888-200-8062

16607 Blanco Road, #708, San Antonio, TX 78232

Website: [www.myngbinc.com](http://www.myngbinc.com)

Dearborn, Allstate and Ameritas products: Voluntary life, cancer, accident, legal, short and long term disability, etc.

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Occidental Life

Voluntary Insurance and Savings

Art Winget  
800-736-7311  
361-592-0467

Website: [www.occidentallife.com](http://www.occidentallife.com)