

## Appendix C FIRE DEPARTMENT - PHYSICAL ABILITIES TESTING (PAT)

Candidates shall be allowed to participate in a physical ability test review and practice test. The candidates shall be walked through each step of the process. The tasks shall be demonstrated, questions may be asked, and candidates are encouraged to practice any/all skills needed to accomplish the tasks. After the review has been completed, candidates shall be invited to attempt the PAT in its entirety. If the candidate successfully completes the PAT within the times allowed, the candidate shall be considered to have passed the exam and will not be required to return for a PAT at another time. Candidates that choose not to take the PAT following the review or that fail an attempt following the review, shall be invited back within approximately one (1) month to attempt the PAT again. Should a person fail to complete the PAT correctly or within the time allowed during their second offering of the PAT, the person will be considered to have failed.

\* Candidates shall be required to sign a liability waiver prior to participating in a PAT.

The following tasks shall be completed in the order and maximum time frames listed.

1. **AGILITY COURSE:** Candidates shall have a maximum of one (1) minute and twenty (20) seconds in which to complete the agility course. This event shall be timed separately from all other PAT events. Omitting any step shall be grounds for disqualification. If a step is not completed properly, a five (5) second penalty shall be added to the candidate's total time for the agility course. The hose hoist shall require proper completion.
2. **BREAK:** Candidates shall be given a minimum of five (5) minutes to rest following this event.
3. **RUN:** Candidates shall run one-half (1/2) mile in four (4) minutes and thirty (30) seconds or less. This event shall be timed separately from all other PAT events.
4. **BREAK:** Candidates shall be given a minimum of five (5) minutes to rest following the run.
5. **AERIAL LADDER CLIMB:** Candidates shall climb approximately seventy-five (75) feet up an aerial ladder that is extended and positioned at approximately a sixty five (65) to seventy (70) degree climbing angle. The candidate shall wear a safety harness and be connected to a rope that is run through a pulley at the top of the ladder and held by a belay person to prevent the candidate from falling. The applicant shall be allowed up to five (5) minutes to climb from the truck turntable to the seventy (70) foot level and then return down to the turntable. The candidate must touch each ladder rung with their feet while going up and down the ladder. A candidate shall use the rungs for hand holds and not use the side rails of ladder. Time ends when the candidate's foot touches the turntable. This event shall be timed separately from other PAT events.

(Agility Course must be completed within 1 minute and 20 seconds)

Wearing an SCBA Backpack, Total Course Length 100 yds

